

# 5<sup>th</sup> French Doula Convention Motherhood around the world

May 12th & 13th, 2007, Paris



Thank you to all of those who came, and made those days so wonderful. Special thanks to the doulas coming from abroad, 20 doulas from 10 countries !  
The reports will be available as soon as possible.

[You can see the pictures here](#)

## **DOULAS : THE EUROPEAN DOULA GUIDE**

In January 2006, the Association Doula de France created a discussion list to link up all doulas throughout Europe. In 2007 we thought it would be of interest to publish an accurate report on the European situation: number of organisations, number of practicing doulas, their activities and their statistics, the type of courses on offer ...

With this report, available to all, not only it will be easier to inform and to facilitate networking between organisations, parents, health professionals, government funded institutions but it will also help to the creation of a European Doula Organisation and a core training course.

Love

DDF team !



❖ **PROGRAM**  
 ❖ **PRACTICAL INFO**  
 ❖ **TO PROMOTE OUR CONVENTION**

The whole experience of motherhood is enhanced when sharing with other women and this major change in a woman's life can be easier if she is getting support from other women.

Where can she find this support and how can we support women?

Find support in your area, join a local group, discover national projects as well as initiatives from around the world. Helping each other and sharing our experience.

For two days **the association Doulas de France** offers to all those interested in childbirth and motherhood a space to get together, to network and to share ... with workshops, talks, stalls, artwork exhibition ... Parents, midwives, grand-parents, health professionals and doulas are all welcome!

The aims of these 2 days is to create support networks for mothers, families, doulas and others working around childbirth and parenthood, therefore the two days will be split as follow :

**On May 12th we will share our experiences and our skills at a local and international level.**

**On May 13th we will work on our creativity to get projects off the ground!**

We are also setting up an **exhibition** of a variety of artworks to give the opportunity to artists to give you an insight into their own vision of childbirth and motherhood. The theme will cover pregnancy, childbirth, the baby, the woman, breastfeeding, families with the personal touch of each artist ... (If you wish to exhibit some artwork at the exhibition please let us know in advance)

We are planning on presenting a **European Doulas Guide** as we are hoping to see the birth of a European Doulas Organisation. We would like to launch in France the equivalent of the British Campaign : "One woman One midwife"

These 2 days will take place during the **World Respecting Childbirth Week 2007**, May 7th - 13th 2007.

<http://smar.info/>

❖ **PROGRAM**

**Everyone is welcome !**

❖ **SATURDAY MAY 12th : SHARING EXPERIENCES**

8 h 45 : Registration

9 h 15 - 9 h 30 : Singing

9 h 45 : **Opening of the Convention/** Introducing the Artists and the Exhibition

9 h 45 - 10 h 45 : **Doulas in Europe** : the European Doulas Guide compiling European organizations of doulas, their activities and statistics. **Doulas Training Courses** : towards a chore training course in France and in Europe ; the specificity or color of the different courses ; the "marrainage" of Doulas de France)

### **11 h - 13 h : Workshops : Group 1**

- . A : Meeting up with practicing doulas : parents/doulas accounts, 24h hours in the life of a doula! What's it's really like being a doula ; a doula diary ; contrat/agreement doula/parent, medical team
- . B : Childbirth rituals from around the world
- . C : European Doulas Associations/Organizations : presentations and sharing
- . D : Supporting the women/her partner in labor

13h-14h : Lunch-break

### **14 h 15 - 16 h 30 : Group 2**

- . A : When a mother is in emotional and physical turmoil. How does this affect her relationship with her child(ren)
- . B : The basis of Active listening
- . C : Motherhood and femininity
- . D : Childbirth tales and birth accounts throughout the world

16 h 30 - 18 h : Round table discussion "what is a doula", parents/health professionals accounts. The positioning and the code of ethic of the association Doulas de France

### **📍 EVENING PARTY : 20h30-22h**

Doulas Cabaret : come singing and dancing !

### **📍 SUNDAY MAY 13th : USING OUR CREATIVITY TO GET PROJECTS OFF THE GROUND**

9 h : Registration and singing

9 h 30 - 11 h : "Les Bébés de l'alcool", Prix média 2005 de la Fondation pour l'enfance. Laure Gratiat film director will present extracts from her work covering the issue of the repercussions on the baby of alcohol intake during pregnancy

11 h 15 - 13 h : **Networking at regional and international levels : workgroups divided into regions/countries** : getting together at a regional level/presentations of local projects/sharing contacts, etc...

13h -14h15 : Lunch-break

14 h 30 - 15 h 15 : Introduction/launch of the campaign "One Woman One midwife" in France

### **15 h 15 - 17 h : Workshops :Group 3**

- . A : Workshop "How to campaign in France for "One woman One midwife"
- . B : Home birth : how to support and keep this choice available
- . C : "Physical and emotional stress/fatigue of mothers" : How setting up support groups for women, how to create efficient network
- . D : European Doulas training courses : is an European chore training course possible; how do we define it? The creation of a European Doulas Organization / Definition of a Doula at a European level??of a European Doula

17 h 15 : Sharing the projects

18 h : Closure of the Convention, presentation of the projects to set up, getting involved in them

## **📍 PRACTICAL INFO**

### **📍 Rates :**

For those coming from abroad we are please to invite you and wave the fee (Donations are welcome ) We can also arrange accomodation in our home.

Account info :

DOULAS DE FRANCE

IBAN : FR76 30003 00708 00050374871 28

BIC : SOGEFRPP

### **📍 Meals, accomodation, creche...**

\* You can book your meals at the self-service restaurant of the Residence Internationale (starter, main courser, desert : 9 euros). There is also accommodation available at the Residence at excellent value for money. Booking in advance only.

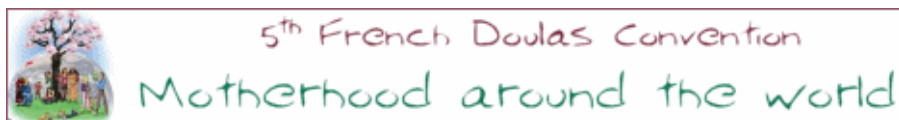
\* A creche will be available. Booking in advance only.

\* A stall will be available for any literature/flyers/documents you might want to bring along with you.

If you wish to get involved in anyway (before/during/after the Convention) please get in touch with me!  
Valerie Dupin 00 33 1 34 16 78 27 - [valeriedupin3@aol.com](mailto:valeriedupin3@aol.com)

## **📍 TO PROMOTE OUR CONVENTION**

If you want to promote the doulas convention on your website, you can use this banner :



*Tous droits réservés : <http://www.doulas.info>*