

## Journées des Doulas 2015

«Supporting the mother, supporting the father»



### Program

#### Friday 8<sup>th</sup> 2015

##### 9h-12h30 : Conferences

Musical opening with [Marie-Anne Sévin](#) - The DDF Doula, who is she ?- Meet up with participants from the same region - Ciane presentation by Chantal Ducroux-Schouwey - Around perinatal loss with Elisabeth Martineau, Julie Simermann and Emilie Llamas - Presentation of Tatiana Association- Children advocacy with Véronique Mécène - Thalasso baby bath « bathing baby, let's talk about it !» with Sonia Rochel.

##### 12h30-13h30 : lunch break

##### 13h30-15h30 : Workshops

a- Endocrine Disruptors and woman health: Valérie Domeneghetty [WECE France](#)

b- Conférence Gesticulée "[Accouche et t'es toi!](#)" : Gesticulated conference « Give birth and be yourself!: to meet, discuss on all different aspects of respected childbirth as a parent or a birth companion; collective production of a "mini-gesticulated conference" on respected birth, to be presented in public friday evening with Mathilde Defromont - participation to both workshops necessary. (theoretical and practical workshop, make sure you wear comfortable clothing)

c- Belly art : DDF team

d- Sharing between doulas about experience and practice DDF team

e- Pink tents- Sharing between teenage girls / Eva Peuvion.

f-Red tent, french speaking only

### **15h30-16h : tea break**

### **16h-18h : Workshops**

- a- *supporting woman during a physiological birth :Valérie Dupin (theoretical and practical workshop, make sure you wear comfortable clothing)*
- b- *Conférence Gesticulée "["Accouche et t'es toi!"](#) : Gesticulated conference « Give birth and be yourself!: second part ( participation to both workshops required) Mathilde Defromont*
- c- *How to be known and starting up as a doula business- to creat a blog/ website : Margot Robert-Winterhalter*
- d- *Rebozo : DDF team (theoretical and practical workshop, make sure you wear comfortable clothing)*
- e- *Breastfeeding and babywearing : Sandra Le Guillant and Isabelle Torrès*
- f- *Pink tents- Sharing between teenage girls / Eva Peuvion.*
- g- *Red tent, french speaking only*

### **18h- End of workshops**

### **18h30-20h30 : General assembly of the association "Doulas de France"**

### **20h30-23h : Evening show**

**Mini gesticulated conference** « Give birth and be yourself! Presented by Mathilde Defromont with participants from afternoon workshop.

**Documentary** "Mum the Movie - Autonomy is to be able to say, I need you"enny B., Cynthia le M., Fanny B. Followed by by a discussion on the mother-daughter transmission with Anne B., Aurore B. and Laura M. creators of the exhibition "**Mother / Daughter**"

## **Saturday 9<sup>th</sup> 2015**

### **8h45 : Welcome**

### **9h-9h15 : Opening**

### **9h15-11h : Workshops**

- a- *Woman : an amazing creature - birth support : Diane Boutin*
- b- *Prenatal singing at birth : Virginie Bouffart*
- c- *Belly art : DDF team*
- d- *Rebozo : DDF team (theoretical and practical workshop, make sure you wear comfortable clothing)*
- e- *Hormonal harmony as a singularly feminine Way-(theoretical and practical workshop, make sure you wear comfortable clothing)*
- f- *Maternal Difficulty, PND ["Maman Blues"](#) : Nadège Beauvois-Temple*
- g- *Red tent, french speaking only*

### **11h15-12h30 : Workshops**

- a- *Qi Gong, Tai Chi and pregnancy : Evelyne Bablot de Matos (theoretical and practical workshop, make sure you wear comfortable clothing)*
- b- *Discovering gesture communication linked to speech : Gwladys Moreau*  
[Signe2main](#)
- c- *"Fronts de mères" - « Facing Mothers » : Sharing around reclaiming ones body during pregnancy and after birth :Frédérique Horowitz*
- d- *European Doulas, Doulas of the world*
- e- *Organizing and hosting a Red Tent: Aline Baugé, DDF red tent team*
- f- [CAAD](#)/ *Homebirth: update in France*
- g- *Red tent, french speaking only*

### **12h30-13h30 : Lunch break**

**(13h30-15h30 : Red tent, English speaking)**

### **13h30-15h30 : Conferences**

*The DDF doula - Fathers talk : round table with Sébastien Buteau, les Papallaitants («breastfeeding» fathers), Dominique Lefeuvre - What support for breastfeeding ? round table with Claude-Suzanne Didierjean-Jouveau, Alicia Millot, Annabelle Mckenzie.*

### **15h30-16h : tea break**

### **16h-18h : Conferences**

*Inducing birth: issues of a forced childbirth with Anne Loirette - For a happy birth with Isabelle Brabant -*

### **18h-18h30 : Closing and singing!**