



Programme
Friday June 3rd
Saturday June 4th
Fees
Access

REGISTRATION



Programme

Please note that interpreters are available for most workshops and plenary sessions.

Friday June 3rd


8.30am: Registration and welcome, access to stalls and exhibitions

9am to 10.30am: Conferences

- Opening of the doula convention, presentation of programme, speakers and partners
-  Adela Stockton, presentation of her book "Gentle Birth Companion", of the doula movement in Europe and of her activities in the United Kingdom
- Isabelle Challut "Doulas and their support of birth in Quebec"
Situation of women giving birth in Quebec (statistics, caesarean, induction,...). Place of birth centers and midwives. Real needs of women who give birth. Physiology of childbirth and breastfeeding. Supporting women within the hospital protocols (positions during labor, tools for pain, birthing positions). Evidence of changes observed in Quebec.
-  Regula Bruner, presentation of the initiative "European Doula Network"


10.30am to 10.45am: Break

10.45am to 12.45am: Workshops

- A- "Théâtre forum" (in French only) with Anne Bonno and Charlotte Marchandise
To improvise role play emerging from conflictive situations around childbirth (the situations will emerge from the group) which will then be presented and played Friday evening. The proposition is not to open a debate but to offer people in the audience the opportunity to participate by taking the place of one character and to re-enact the situation with their own approach. How the different protagonists and their approach can change the outcome.
- B-  "Sharing practice experiences among international doulas" with doulas From Doulas de France and other European countries
- C- "Paroles de lune" (Moon talk) with Yara de Zutter
Movement, storytelling and talking time around femininity and life cycles using as starting point traditional Native American storytelling.
- D- "Re-Co-Naissance"
Support group for women in pregnancy and in their relationship with their baby
- E- "Red tent"
Red tents are cosy spaces in which groups of women share the intimate side of their stories. The red tent is taken from ancient traditions in which women had a special place dedicated to them where they shared and celebrated the milestones of their lives: puberty, pregnancy, birth...
- F- "Supporting prematurity" with Aline Baugé and Bérengère re-Nawal Porombka

12.45am to 2pm: Break

2pm to 4pm: Workshops

- A- "Théâtre forum" (in French only) with Anne Bonno and Charlotte Marchandise
To improvise role play emerging from conflictive situations around childbirth (the situations will emerge from the group) which will then be presented and played Friday evening. The proposition is not to open a debate but to offer people in the audience the opportunity to participate by taking the place of one character and to re-enact the situation with their own approach. How the different protagonists and their approach can change the outcome.
- B- "Belly art: bellies who re-invented themselves" with Bérengère re-Nawal Porombka, Margot Winterhalter, Alexandra Berthomé, Solenn Minier
Bodypainting, bellies, Mendhi, belly dancing...
- C- "Luna Yoga" with Anne Mroska
Luna Yoga is an ancient body art. Dances and postures, breathing, relaxation and visualization help us to be more aware of our bodies and to manage our emotions more easily. It harmonizes energies in the pelvis, tones up the body, and help to find happiness and inner peace.
- D-  "Create a European network" with European Doula Network, Regula Bruner and Adela Stockton
- E- "Red tent"
Red tents are cosy spaces in which groups of women share the intimate side of their stories. The red tent is taken from ancient traditions in which women had a special place dedicated to them where they shared and celebrated the milestones of their lives: puberty, pregnancy, birth...
- F- "Paroles de lune" (Moon talk) with Yara de Zutter
Movement, storytelling and talking time around femininity and life cycles using as starting point traditional Native American storytelling.

4pm to 4.30pm: Break

4.30pm to 6.30pm: Conferences

- Rina Nissim "Sexuality and motherhood"
- Chantal Schouwey, "Birthing centers in France: what future?"

4.30pm to 6.30pm: "Red tent" (in parallel with the conferences)

Red tents are cosy spaces in which groups of women share the intimate side of their stories. The red tent is taken from ancient traditions in which women had a special place dedicated to them where they shared and celebrated the milestones of their lives: puberty, pregnancy, birth...

4.30pm to 6.30pm: European Doula Network members only: "Working for our future"

Evening show from 8pm to 11pm

Théâtre Forum
Bielka and Souliko: Traditional songs from Eastern Europe (mother and daughter)
Leïla's travel
Marie-Anne Sôvin: Songs
...

8pm to 9.30pm: "Red tent" in English, in parallel with the evening show

Red tents are cosy spaces in which groups of women share the intimate side of their stories. The red tent is taken from ancient traditions in which women had a special place dedicated to them where they shared and celebrated the milestones of their lives: puberty, pregnancy, birth...

Saturday June 4th

9am to 10.30am: Conferences

- Claude-Suzanne Didierjean-Jouveau "Breastfeeding and going back to work"
- The [Babycaf](#) initiative
- Max Ploquin, Maïtie Trölaïn "Birth where you want, the way you want, with whom you want"
- Avachance, support group for VBAC (Vaginal Birth After a Caesarean section)

9.15am to 10.45am: "Red tent" (in parallel with the conferences)

Red tents are cosy spaces in which groups of women share the intimate side of their stories. The red tent is taken from ancient traditions in which women had a special place dedicated to them where they shared and celebrated the milestones of their lives: puberty, pregnancy, birth...

10.30am to 10.45am: Break

10.45am to 12.45am: Workshops

A- "Awakening motherhood through dance" with Amölie Paul

How to enhance the creative energy of motherhood, to reconnect with our source of creativity and well-being: grounding ourselves, practice of basic movements and improvisation. This is a time devoted to mother-child relationship, from the first months of pregnancy to infancy. Adapted to pregnancy, the «Danse Spirale» becomes then a soft and deep accompaniment by which (future) mothers and their children live an intimate experience while being connected one to each other.

B- "Belly art: bellies who re-invented themselves" with Börengöre-Nawal Porombka, Margot Winterhalter, Alexandra Berthomö, Solenn Minier

C- "Support and sharing about VBAC" (Vaginal Birth After a Caesarean section) with members of AVAChance support group

D- "Supporting breastfeeding moms" with Claude-Suzanne Didierjean-Jouveau and Babycaf

E- "Red tent"

Red tents are cosy spaces in which groups of women share the intimate side of their stories. The red tent is taken from ancient traditions in which women had a special place dedicated to them where they shared and celebrated the milestones of their lives: puberty, pregnancy, birth...

F- "Feminine cycles" with Maïtie Trölaïn

12.45am to 2pm : Break

2pm to 3.30pm: Workshops

A- "Perineum and movement" with Ophölie Goffart

B- "Dancing with your child" with Caroline Intrand

C- "Sharing of experiences when supporting parents in childbirth" with doulas of Doulas de France Association

D- "Dad time" discussion group for fathers with [Jacques-Olivier Farcy](#)

"A lot of questions when you are becoming a dad, and yet too few opportunities to talk about it. So I suggest we could meet to talk about things that affect, move us around the arrival of our baby"

E- "Red tent"

Red tents are cosy spaces in which groups of women share the intimate side of their stories. The red tent is taken from ancient traditions in which women had a special place dedicated to them where they shared and celebrated the milestones of their lives: puberty, pregnancy, birth...

F- "Post-natal difficulties, burn out, PND..." with Nadöge Beauvois Temple (association Maman Blues)

3.30pm to 3.45pm: Break

3.45pm to 6pm: Conferences

- Ophölie Goffart "Accompagnement Périnatal Aquatique Blue Vitae"

- Nadöge Beauvois-Temple presents her new comic book: "On va te faire ta fête, maman!"

- Patrice Van Eersel "Mettre au Monde - Enquêtes sur les mystères de la naissance" (Giving birth - Investigations on the mysteries of childbirth)

- WAHA's main objective is to provide quality maternal care and care for postpartum complications in disadvantaged and low-income communities worldwide.

- Closing speech and goodbyes

[HAUT](#)

Fees

Fees (*)

Members of l'association Doulas de France (DDF): 70€ 2 days, 50€ 1 day, 90€ 2 days-couple

Non-members of DDF: 90€ 2 days, 70€ 1 day, 110€ 2 days-couple

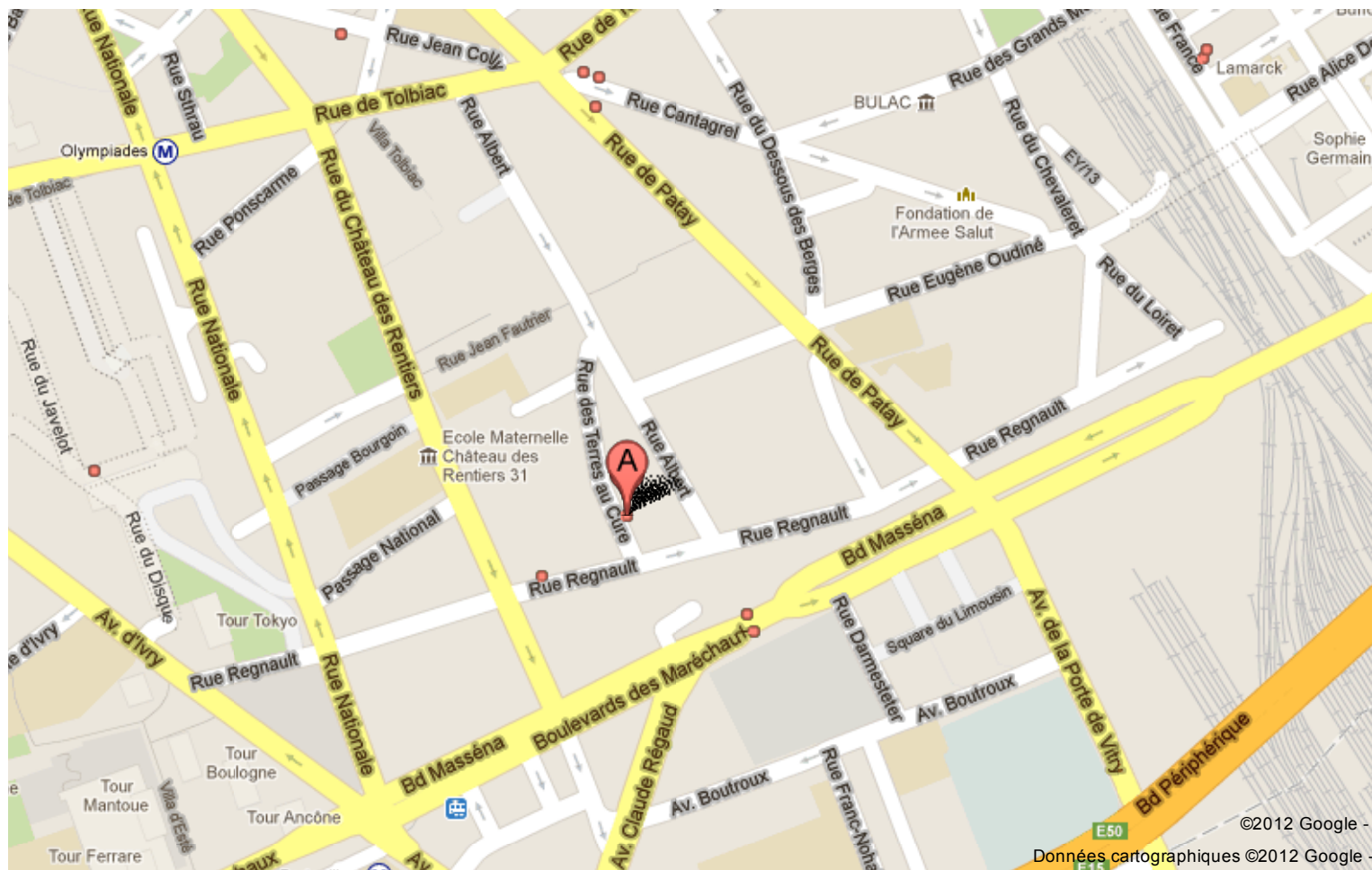
People coming from abroad (except Belgium, Luxembourg et Switzerland, "normal" fees): 30€ 2 days, 15€ 1 day

No special fees for half days.

[HAUT](#)

Access

MAS - Maison des Associations de Solidarité
10-18 rue des Terres au Curé
Paris 13^e me



Subway, Tram:
Olympiade (line 14) or Porte d'Ivry (line 7 and T3)
Bus:
Lines 27, 83, 132

HAUT

REGISTRATION

Tous droits réservés : <http://www.doulas.info>