

Doulas, Accompagner la naissance - <http://www.doulas.info>

Les 30-31 mai et 1er juin 2008

6èmes journées de Doulas de France



La transmission des Femmes Sages

Résidence Internationale de Paris, Paris 20ème.



With



With:

Lise Bartoli, Beverley Beech, Claude DidierJean Jouveau, Catherine Dumonteil Kremer and Debra Pascali-Bonaro

the Mouvement Mondial des Mères, AIMS UK,  
Peau à Peau, l'APGL (Association des Parents Gays et Lesbiens),  
l'ASAAD (Association de Soutien à l'Accouchement A Domicile),  
ASJPA (Association de Soutien des Jeunes Parents et Parents Adolescents),  
l'Association Française de Chant Prénatal, Maman Blues,  
Collectif citoyen "Naître Chez Soi", Matern'et lait, Prolactin', Editions l'Instant Présent,...

European Doula Organisations

**Saturday May 31st, 8.30pm: BIRTH**  
**Karen Brody's play**

## PROGRAM

- . [Friday May 30th](#)
- . [Saturday May 31st](#)
- . [Saturday 8.30pm: BIRTH](#)
- . [Sunday June 1st](#)

## PRACTICAL INFO

### HOW TO GET THERE

### REGISTRATION

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## PROGRAM

### FRIDAY MAY 30th

1pm: Welcome and Registration - stalls and exhibition opening

1.30pm: Opening of the Convention, introductions, partners and sponsors.

Singing with the [Association Française de Chant Prénatal](#) and Agnès Keller doula

#### **1.45pm - 4.45pm: Conferences**

**1.45pm :** Introduction of this year's Convention Theme: **What our grandmothers told us.** Oral transmission between different generations of women around childbirth. Several generations of women talk to younger women about their experience of being a woman, a mother. This project was completed in the tradition of the tale-tellers of the olden days. (Presentation of the Nursing Home project, interviews, testimonies, encounters, pictures).

Presentation of the [Doulas de France](#) publication of the project.

**2.45pm: Conference Beverley Beech, Chair of AIMS UK** Post-Traumatic Shock Syndrome in Childbirth

- Association for Improvements in the Maternity Services : <http://www.aims.org.uk/>

**3.45pm: Conference Isabelle de Rambuteau, chair of the Mouvement Mondial des Mères :** Valuing Mothers Role

Since 1947, the MMM works towards the promotion of the mother's role: she is the first one to teach her children a sense of responsibility, freedom and peace.

<http://www.mmmfrance.org/> - <http://www.mouvement-mondial-des-meres.org/>

*Break*

#### **5pm - 6.30pm: Workshops to choose from**

a - « *Mothers Workshops* » with Isabelle de Rambuteau, [Mouvement Mondial des Mères](#)

b - « *How can we support a woman with PTSS* » with Beverley Beech, Chair of [AIMS UK](#) and Valérie Dupin, doula co-chair of DDF and tutor

c - « *A day in the life of a doula* » with Pascale Gendreau, doula co-chair of DDF and tutor

d - « *The importance of Touch* » with Sandra Versele, doula co-chair of DDF

e - « *Transmission rituals around the world* » with [Lise Bartoli](#), author of « *Venir au Monde* » and Charlotte Marchandise, doula co-chair of DDF and tutor

**7pm - 8.30pm: Screening of the film « *Dia de nacimiento* » / *Birth Day* by Naoli Vinaver and Frank Ferrel**

<http://www.nacimientonatural.com/Naoli-Vinaver/Bienvenida.hm>

[TOP](#)

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### SATURDAY MAY 31st

9.15am: Welcome and singing

#### **9.30am - 11.30am: Workshops to choose from**

a- « *One woman one midwife* » : with Beverley Beech, Chair of AIMS UK, Claire Moncourtois doula co-Chair of DDF and Yanick Revel doula. Midwives and Maternity services users organisations in the UK have launched a vast campaign to enable every woman to choose the midwife who will support her during her entire pregnancy and labour and to benefit from a maternity service based on continuity of carer, informed choice and solidarity. How can we encourage the emergence of a similar project in France?

b - « *Carrying Baby: learning more about back positions* » with Ingrid van den Peereboom from the association [Peau à Peau](#)

c - « *Femininity and Maternity* » with Charlotte Marchandise and Valérie Dupin, doulas co-Chairs of DDF and tutors

d - « *Choices in birth place: home, birth centres, hospital: an overview of recent political setbacks* » with Chantal Ducroux-Schouwey Chair of the CIANE, Frédérique Horowitz doula, [Collectif citoyen "Naître Chez Soi"](#) and

L'ASAAD

e - « *Supporting Gay and Lesbian Parents* » with Marie-Pierre Micoud, Chair of the APGL, Association des Parents Gays et Lesbiens

**11.30am - 12.45am: Conferences**

11.30am - 12.15am: Supporting Breastfeeding with La Leche League and Claude Didierjean-Jouveau, author

12.15am - 12.45am: Introducing BOLD (Birth On Labor Day) and the RED TENT With Karen Brody, play writer

Karen Brody wrote this play in 2004 and the BOLD project has since been presented throughout the USA, Canada and India.

A global movement to make maternity care mother-friendly. Grassroots events that use the arts to get communities to educate themselves speak their truth and take action on maternity care issues. an awareness-raising and fundraising opportunity for groups, organizations and individuals to support mother-initiated dialogue and solutions to maternity care.

BOLD's approach to our mission is based on similar "theatre for social change" models. The goal of each event (which usually takes place during the month of September) is to engage communities in a discussion about how to improve their local maternity care issues. BOLD puts mothers at the centre of solving their maternity care problems. At BOLD we ask mothers: what kind of childbirth conditions do you want? What do you deserve?

**The Red Tent:** a red tent... mothers voices... intimacy... truth. After New York's hugely successful red tent event in 2006 we thought: why not have BOLD Red Tent here in France? BOLD's Red Tent event concept is simple: gather women under a "red tent" to listen to mothers' birth stories and then record their stories. A BOLD Red Tent event is an excellent opportunity for communities throughout the world to be BOLD any time of the year and showcase your community's local birth stories.

<http://www.birthonlaborday.com/>

**Lunch break**

**2pm - 3pm : An encounter with Debra Pascali-Bonaro (session plénière)**

**3.15pm - 5.15pm: Workshops to choose from**

a - « *Post-natal difficulties, burn out, PND...* » with the association Maman Blues and Valérie Dupin, doula co-Chair of DDF and tutor

b - « *Doula support for pregnant teenagers* » with Pamela Thirion, Chair of ASJPA (Association offering support to young and teenager parents) and Stéphanie Favreau-Perfetti, trainee doula and ASJPA member

c - « *Support for fathers* » (with Ludovic, father and journalist from "Grandir Autrement", Yan, father and organiser of fathers support groups, Association Matern'et lait)

d - « *Person centered approach to supporting parents* » with - Catherine Dumonteil-Kremer and Pascale Gendreau or Charlotte Marchandise, doulas co-Chairs of DDF and tutors et formatrice

e - **The Red Tent**

**5.30pm - 6.30pm: Supporting Gay and Lesbian Parenting**

with Marie-Pierre Micoud Chair of the APGL (Association of Gay and Lesbian Parents) depuis de nombreuses années, Marie-Pierre Micoud has been involved in the Association for many years and is the national reference for couples wishing to have access to artificial insemination with donor's sperm. She is also a consultant tutor for training children and family health professionals in supporting gay and lesbian families. She is also a doula for heterosexual and homosexual couples.

**TOP**

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**8.30pm: BIRTH the play (1st showing in France)  
In french!**

« Birth » is a play based on over one hundred interviews Karen Brody conducted with mothers across America who gave birth between 2000 and 2004. It tells the true stories of 8 women painting a portrait of how low-risk, educated women are giving birth in America today.

In the play we meet Jillian, a stay-at-home mother of four children, who always sees the humour in life, especially in her mixed-bag of birth experiences; and Beth, a 35-year-old successful, high-powered computer systems manager from New Jersey who confidently planned a caesarean.

We are introduced to Vanessa, a buyer for a major department store who never had a doubt that she wanted an epidural. We hear from Janet, a lesbian in her 40s, who despite her feminist background wanted a medicalized birth, fearing the safety of herself and the baby; and Lisa, an African-American who felt intimidated and used by her midwives and the medical system after her birth.

We get to know Sandy, who thought birth was "just one day," but found out that having an emergency c-section on that day changed her world. We hear Natalie's intimate story of physical betrayal; and Amanda, an athletic, confident stay-at-home mother who believed her birthing mantra--"My Body Rocks"--gave her the attitude she needed to give birth naturally in the hospital.

Moving between first-person monologues, some dialogue, and the voices these women heard on the day they gave birth, Birth confronts, what City Lights Theatre Company has called, "The naked truth about childbirth in

America."  
<http://www.birthonlaborday.com/>

[TOP](#)

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## SUNDAY JUNE 1st

9am: Welcome and singing

### 9.15am - 10.15am : Conference

Looking at Doula training in France: with Charlotte Marchandise, Pascale Gendreau, Valérie Dupin, Gaëlle Buteau doulas and tutors

### 10.45am - 11.45am : Workshops : Working at local and regional level

- Working at regional levels: how to set up practise and work together
  - Working together on projects, setting-up projects, networking, sharing contacts
- + **The Red Tent** simultaneously

### 12am - 1pm: The doulas in France: Visions of a future

Sharing experiences with the doulas from Europe and from the rest of the world: Germany, Austria, Belgium, Cyprus, Spain, Hungary, Ireland, Holland, Portugal, Switzerland, Cheque Republic, UK, Denmark, Italy, Leetonia, Luxemburg, Finland and Sweden...

Closing session and singing

2pm: **The Red Tent** for those who accept to be filmed for the BOLD Project.

3pm: Closing of stalls

[TOP](#)

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## PRACTICAL INFO

### Rates

For those coming from abroad we are please to invite you and wave the fee (Donations are welcome ) We can also arrange accomodation in our home.

Account info :

DOULAS DE FRANCE

IBAN : FR76 30003 00708 00050374871 28

BIC : SOGEFRPP

### Repas, logement, garderie...

\* You can book your meals for lunch at the Residence restaurant (starter, main course, sweet for around 9 euros), if you wish to stay at the residence Hotel you can benefit a group rate. Breakfast is included.

Single room 48.25 €

Double room 65 € (soit 32.50 € each)

Triple room 76.35 € (soit 25.45 € each)

Quadruple room 101.80 € (soit 25.45 € each)

If you would prefer to stay with some of us in Paris or in the Paris area please contact Valerie Dupin [valeriedupin3@aol.com](mailto:valeriedupin3@aol.com).

\* A crèche will be available, booking in advance only when registering on line.

\* A stall will be available for any literature/flyers/documents you might want to bring along with you.

\* If you wish to get involved in anyway (before/during/after the Convention) please get in touch with me! Valerie Dupin 00 33 1 34 16 78 27 - [valeriedupin3@aol.com](mailto:valeriedupin3@aol.com)

[TOP](#)

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## HOW TO GET THERE

44 rue Louis Lumière, Paris 20ème

### By car:

Périphérique, take exit :Porte de Bagnolet or Porte de Montreuil

Private car park available

### Métro (subway):

Porte de Bagnolet (line 3) ou Porte de Montreuil (line 9)

Bus :

Line 57 and PC 2)

[TOP](#)

*Tous droits réservés : <http://www.doulas.info>*